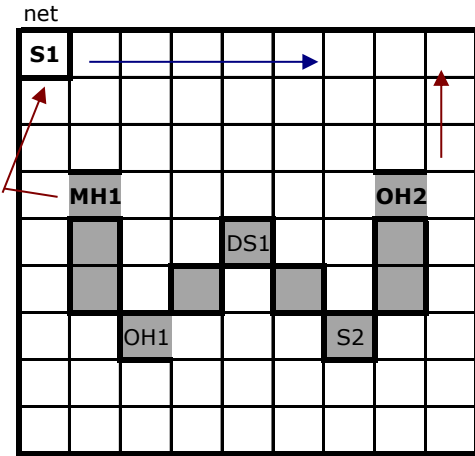
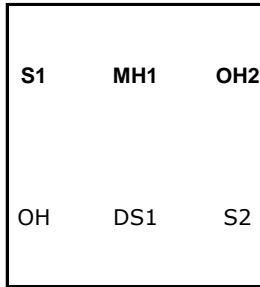
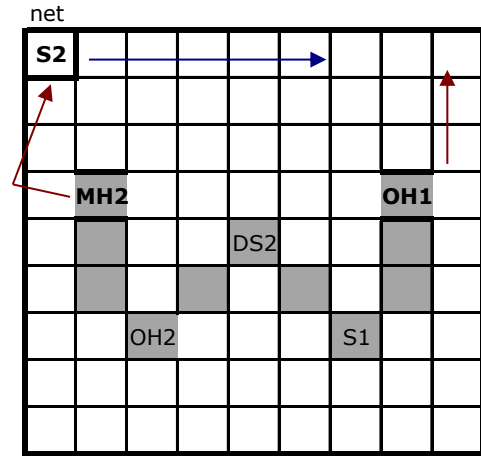
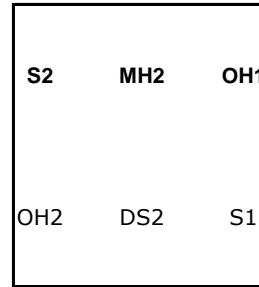


# 4-2 Serve Receive

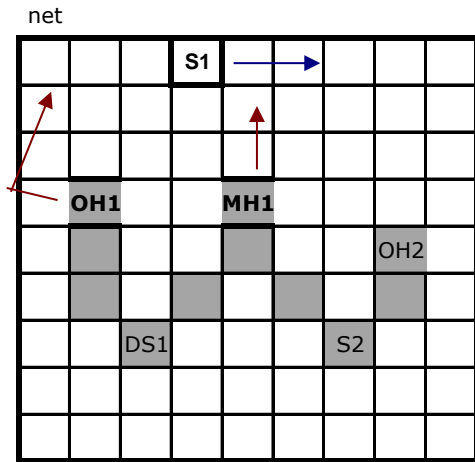
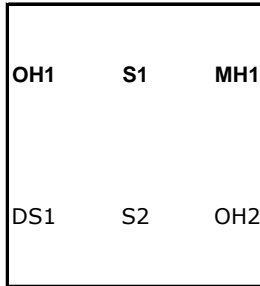
ROTATION 1



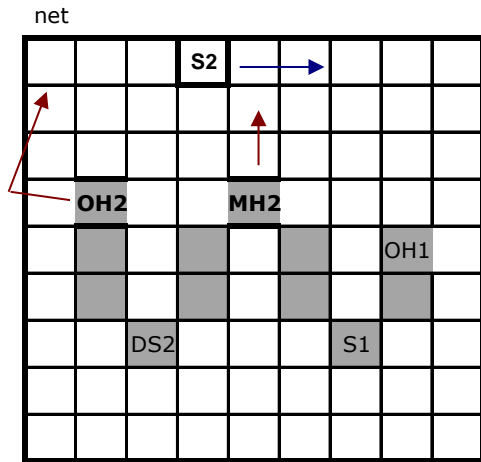
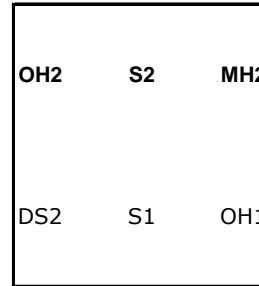
ROTATION 4



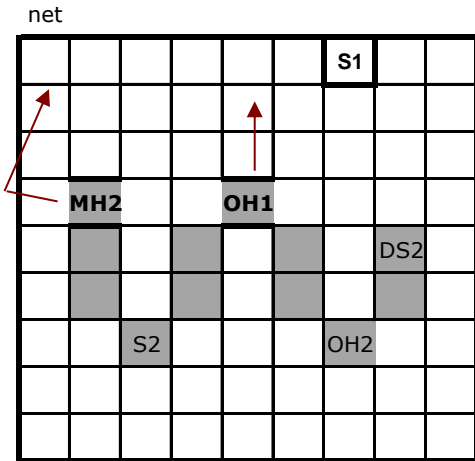
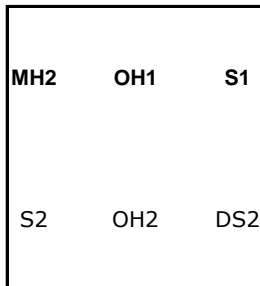
ROTATION 2



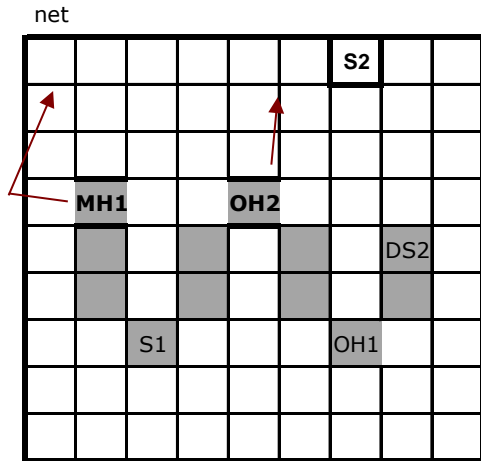
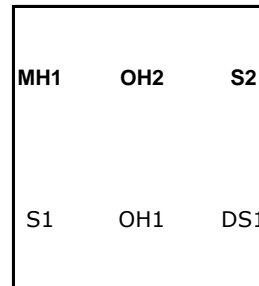
ROTATION 5



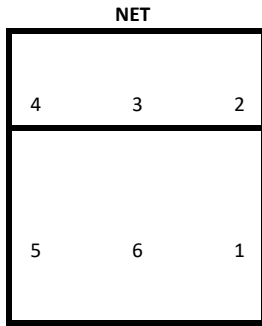
ROTATION 3



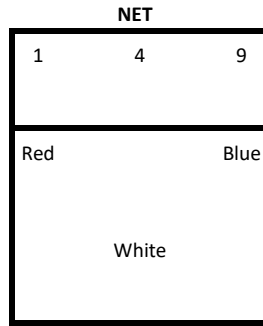
ROTATION 6



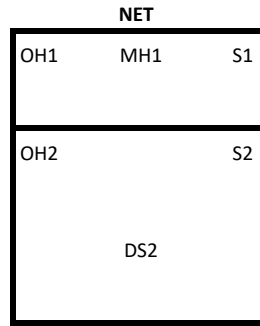
**Serving Zones:**



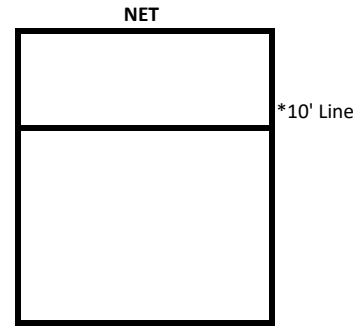
**Hitting Zones:**



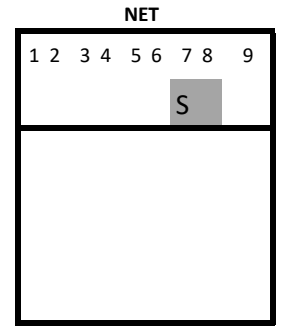
**Base Position:**



**Freeball:**



**Setter Zone 7:**



**Important Pieces to Remember:**

Setter always gets the 2<sup>nd</sup> ball.

The goal is to get 3 hits on each side.

When you are home, you should always be across from the other player with your position.

When we are receiving: play out the ball and switch to base as soon as we send it over the net.

When we are serving: switch to base as soon as the ball is contacted

Overlapping: Cannot overlap the player in front/behind you AND the players to your sides