



ILLINOIS PERFORMANCE
VOLLEYBALL

You are invited to join us for:

Pre-Season Volleyball OPEN GYMS

Date: Sunday, October 7th & 14th

Time: 2:30-5pm

Cost: Free

Location: Edward Health & Fitness Center
6600 S Rt 53, Woodridge (Seven Bridges)

*Turn left after entering the gym, follow hallway back to courts.

All athletes welcome!

Pre-register at <https://ipvbc.com/training/ipv-open-gyms/>

*Non-IPV athletes need to turn-in IPV Waiver before entering the courts.

Waivers available at www.ipvbc.com or at the door.

Take this opportunity to warm-up before tryouts on Sunday, October 21st.

Time: 9-12pm or Alternate Time: 4:30-6pm at The ARC Rec Center, Woodridge.

Have some fun and get to know our coaches and facility.

Feel free to bring a friend and share this with your team.

Questions? Check out our website www.ipvbc.com or

Contact us at Jamie@ipvbc.com